

Frozen Berry Yogurt Bark

Prep: 10 mins. | Total: 4 hours

Serves 6

Ingredients

- 6 strawberries, hulled and sliced
- 1 cup raspberries, halved
- 1/4 cup pecans, raw, crushed
- 1/2 cup blueberries
- 2 cup Greek yogurt, full-fat
- 1 Tbs maple syrup
- salt, to taste

Directions

Prep

1. Line a shallow baking pan (9x13-inch) with parchment paper.
2. Slice strawberries, halve raspberries, and crush pecans.
3. Whisk together yogurt, maple syrup, and a pinch of salt.

Make

1. Spread the yogurt over the parchment paper in the baking pan.
2. Cover with berries and sprinkle with crushed pecans.
3. Place in the freezer for at least 3-4 hours to firm.
4. Remove from the freezer and break into pieces using a chef's knife.

